



**sura nigyuvv&yĐ
esck¶IENnaMs "mab'matabita**

Blrd½GU"s¶alIm~ak'k~-gcMeNamBlrd½GU"s¶ali2nak' GayuBI15
eTA17q~aM
Edl"svwg"sanwg"b"bwt¶nUv skmµPaBGÃImYyEdleFÃI[BYkeKs¶aye"Kay.

CamF'mk~-gmYysV¶h_Blrd½GU"s¶alIcMnYn70nak'
EdlmanGayue"kam25q~aMnwg"tUveKbBaØèneTAB'avl
enAmnæIreBT'edaysarEtbJúarMelaPbMBan y " aghig\$abak'B&nì
nwgerOgsura.

CamF'mk~-gmYysV¶h_Blrd½GU"s¶alIcMnYn4nak' EdlmanGayue"kam25q~aM
sÂab'edaysarEtbJúargrbYsBak'B&nìnwgerOgsura.

etImanyuvCnb "unµannak' EdlkMBugpwksura?

karTTYlTansuraenAk~-gcMeNamyuvCnKWCabJúad* kgÃl'mYy.
ebItamsÄitiCatiq~aM2007 «nkarsæg'mti
eliBlrd½EdlCaEp~kmYy«nyuTisa"s¶"byuTì"bqaMg
nwgkare"bI"Vs'e"KOgej;n (2007 National Drug Strategy Household Survey)
Vn[dwgfa 20% «nyuvCnEdlmanGayuBI14 eTA19q~aM TTYlTan
suraCaerogral'GaTit'.

etIyuvCnTTYlTansurae"cinb "uNöa?

enAk~-gcMeNamyuvCnEdlpwksura manburs29% EdlmanGayuBI12
eTA17q~aMVnTTYlTansurae"cin Cag7EkvenAk~-geBlNamYy.
cMeBaH"s¶IEdlsÄit enAk~-gv&yduCk~aVnTTYlTansuraelIsBI5Ekvk~-g
eBlNamYy. enHebItamsÄitiq~aM2005
s¶IGMBIkar TTYlTansura nige"KOgej;nrb'sis\$GU"s¶ali
f~ak'mF'msikša
(2005 Australian Secondary Students' Alcohol and Drug Survey).

etIvamanplb "HBal'xÂAMgb" uNöa?

suraKWcae"KOgej;nxÂAMgEdlGaceFÄI["bB&nîsr«s "bsaTmCîimcuHexşay
ehIyeFÄI[karKit nigkarman GarmuN_rbs'mnusşE"b"bYl.
yuvCnTaMgLayGac rge"KaHf~ak'BI²TiiBlsuraxÂAMgCag
edaysarEtBYkeKminTan'mankmÂAMg "Kb'"Kan'GacTb'Tl'ngw
e"KOg"svwgVn. BYkeKk*enAxÂHbTBiesaFn_k~gkar pwk"saEdr
ehIymanlTîPaBtictYck~gkarKit vinicî&yemIlnUvk"mitCati"svwg
k~gxÂçn rbs'BYkeK. cMeBaHyuvCnPaKe"cInmanmaDtUcCagmnusşeBjv&y
dUec~He"KOg"svwgGacman²TiiBleTAelIBYkeKxÂAMg Cag.

manP&s¶~tagfui@mYycMnYnEdlbgúaj[eXIjfa kar
rIklUtlas'xagpÂèvcit¶ nigxagragkayGacрге"KaH
f~ak'xÂAMgCagedaysarEt²TiiBlGviCØman«nsura.
enAeBlEdlyuvCnmanGayukan'EtekuğxíI Vncab'
ep¶Impwk"saedayKuannrNaemIlkarxus"tUv yuvCn
enaH"bQmmuxkan'EtxÂAMgeLIgeTANwgbJúaepşg@ Bak'B&nînwgsura
enAeBlEdleKcMerInv&y.

karsikşasav"CavfuiMy Vnbgúaj[eXIjfa "bEhlCa 40%
«nyuvCnEdlmanGayuBI14
eTA 19q~aM TTYlTansuraenAk~gk"mitEdleFÄI[BYkeK
"bQmmuxnwge"KaHf~ak'k~gryîeBlxÂI enHebItam sÄitiCatiq~aM2007
«nkarsæg'mtielIBlrd½EdlCa
Ep~kmYy«nyuTîsa"s¶"byuTî"bqamgnwggkare"bI"Vs' e"KOgej;n
(2007 National Drug Strategy Household Survey) .

plviVkepşg@bgûedaysarkarTTYlTansura e"cInhYs GacrYmmanÐ

e"KaHf~ak'epşg@Bak'B&nînwgsuraEdlyuvCn qÂgkat'
enAk~gryîeBlxÂIenaH manlkÂNîF@n'F@r
KYr[kt'smðal'. mUlehtuTUEtACae"cInEdleFÄI [manmrNPaB
nigkarbJØèneTAB'avlenAmnæIreBT'
EdleKyl'eXIjfaVnbN¶almkBIsuranenAk~gcMe
Namyuvv&yTaMgenaHrYmmane"KaHf~ak'cracrN_, kareFÄIGt¶Xat,
GMeBIhigşsa,
e"KaHf~ak'cracrN_
elIG~kefuIreCIg "BmTaMge"KaHf~ak'epşg@eTotdUcCa
kardYl nigkarlg'TwkCaedIm.

etIxÆ-MGaceFÄIGÄIVnxÂH?

k~gnamCamata/bita
G~kmantYnaTid*sMxan'k~gkarGb'rMkUn@Edlmanv&yekugrbs'G~kGMBIsur
a ehIyCYyBYk
(eK)[echManGt¶crit«fÂf~èr"bkbedaykarTTYlxus "tUvcMeBaHbJúaapwks
ura.

enHminEmnCaerOg Edlqab'eBkk~gkarcab'ep¶Im
niyayCamYynwgkUn@rbs'G~kGMBI²TiiBlsuraenaH eT,
ehIyTegÄIenHCYybegûIt[manpÂèvTak'TgK~ak~g
lkÂNîebIkcMhenAeBle"Kay@eTot.

etIxÆ-MniyayCamYynwgkUn@rbs'xÆ-MGMBIsuray "agdU(c)em¶c?

CaTUeTAYuvv&ymankarxÃl'xÃaye"cinGMBIplviVkk~rg
sgõmEdlmanryieBlxÃI EdlbgûeLIgedaysarEt karpwk"sae"cin"Cul
(dUcCakarxpas'eGon ÊeFÃIGÃImYy
EdleKCaFmptamin"b"bwt¶enAeBlEdleKsÃag)CaCagniyayGMBI²TiiBlminlí
Edlb"HBal'dl'suxPaBrbs'eKk~rgryieBlyUrGEgÃg.

- rkeBlevla nigkEnÂgsmrm'edIm°IniyayCamYy
BYkeK. elIkyknUv"bFanbTenHmkniyayelg Fmpta -
"bEhlCaenAeBle" kayemIlkmpuviFITUrTs§n_,
"bFanbTfui Êk*PaByn¶EdleFÃI[mankarcab'ep¶Imkar
CECkelgGMBIerOgenH.
- "tUvmanlkÃNîebIkcMh nigesuaH"tg' ehIyCMruj
kUn@rbs'G~k[beJíjnUvGarmuN_, karKit nigkar
yl'eXIjrs'BYkeK.
- "tUvdwg[c°as'GMBIvin&yep§g@ ehIyFana[Vnfa kUn@rbs'G~kdwgfa
karpwk"saenAeBle" kamGayuKWCa
erOgxusc°ab'enAk~rgkalîeTsîPaKe"cin.
kar"sav "Cavbgúaj[eXIjfa yuvv&yrMBwgTuk nigcg'[mata
bitarbs'BYkeKKUsbnæat'"BMEdncMeBaHGÃIEdleKminGac
eFÃIVn eTaHbICamaneBlxÃHBYkeK VnbMBanvin&y
ehIyefÃI[matabitaeKxwgk*eday.
- sUmecosvagnUvkare"bIl°icedIm°IefÃI[BYkeKxÃac-
yuvv&yTMngCanwgyl'dwge"cinCag tamryîkars¶ab'
nUvkarBn'l'GMBIerOgBitEdlsmehtupl.
- "tUvniyayCamYykUn@rbs'G~kGMBIkgÃl'ep§g@ EdlG~kman
edIm°I[BYkeKyl'GMBIplviVkep§g@
EdlGacekItmaneLIgedaysarEt karpwk"sa.

**cuHcMeBaHerOg²TiiBlBImit¶Pk¶ivij - etIxEM~"tUvedaH"say
edayviFINa?**

v&yCMTg' KWCaebLpÃas'b¶èry "age"cinCmeBaHCnv&yekug
EdlGaceFÃI[BYkeKmanGarmuN_gayrge"KaH.
G~kGacCYykUn@rbs'G~kB"gwgpabeCOcak'elIxÃçnäg
k~rgkaredaH"saynwgBjúaepp§g@dUcCasmõaf²TiiBl BImit¶Pk¶iCaedIm.
viFIlík~rgkarcab'ep¶Im GacCakar sEm¶gnUvehtukarN_samJixÃH@
edIm°I[G~kGacÐ

- CYykUn@rbs'G~k[ecHniyay "eT" cMeBaH"sa
enAeBlEdlBYkeKsÄite" kamsmõaFBImit¶Pk¶i(EdlnaM) [pwk.
- "tUvniyaysgût'Fõn'cMeBaHsarsMxan'cMVC'«nkar
min"tUvcUleTACiHk~grfyn¶NamYyEdlG~keBikbrVn
pwk"saenaHeLIy. "tUv"Bme"BogK~aGMBIEpnkarfa "bsinebIsÃanPa
BEbbenHekIteLIgEmn viFiedaH"say GacrYmmandUcCa
Cihtak'sIumkpæHrYcbg'luytam e" kay, ebIkLaneTaykBYkeK
ÊGnuJiat[eKs~ak' enApæHmit¶Pk¶imYyyb' "bsinebIGaceFÃIeTAVn.
- "tUvniyayGMBIe"KaHf~ak'«nkarlycdak'f~aMenAk~rgsura
ehIynigviFIEdlBYkeKGackarBarxÃçnägVn.

- "tUvBiPakšaGMBIerOgfa etI"tUveFÄIy "agemc"bsineb Imanmit¶Pk¶i"svwgenaH.

cuH"bsinebIkUnxÆ-M"svwgeBlmkdl'pæHvij?

eTaHbICaG~kcg'niyayCamYyeKGMBIerOgenaHPÄam@k¶I
 CaBiess"bsinebIG~kminsb°aycit¶ Éxwg "tUvrg'c
 aMrhUtTal'EtBYkeKsÄagsincaMeFÄIkarBiPakšaEdleKGac
 mankaryl'dwg"twm"tUv. enAeBlenaH "tUvrMlwkeLIg
 vijnUvkarbMBanvin&y karxkcit¶rbs'G~k nigplviVk epšg@.

karpwksurarbs'G~k, karpwksurarbs'BYkeK (BYkkUn@)

cab'taMgBIeBlenAtUc@ kUn@rbs'G~knwgVndwgGMBI karpwksura
 nigKMrU«nkarpwk"saenAk~¬gpæHrbs'G~k. "tUv
 [BYkeKsegûtemIlG~knUvTmÄab' smrm'epšg@«nkarpwksura
 rbs'G~kdUcCaÐ

- maneBlxÄH bdiesFminTTYlsuraenAeBleK[
- minyksuramkGbGreBlBiessCanicÍCakal É
 eFÄIkar"bkaseLIyfa "xÆ-M"tUvkarpwk"sa!" enAeBl
 EdlG~kedaH"saybJúaeBlmankartantwgpÄèvcit¶.
- min"tUvvpwk"sarhUtdl'"svwgenaHeT.
- min"tUvvpwk"sa ehIyeTAebIkbreLIy.
**etIxÆ-M"tUveFÄIGÄIxÄH"bsinebIkUnrbs'xÆ-MmanKe"magcg'erobcM
 eFÄIBiFICb'elog?**

"tUvcUlrymenAk~¬gkarerobcMEpnkarenaH - "tUveFÄIkar
 BiPakša[c°as'GMBIvin&yepšg@enAmuneBlerobcMBiFI
 Cb'elog. "tUv"Bme"BogK~afa[mankarpwk"sa É
 y"agNa. "bsinebIGnuJiat[mankarpwk"sa "tUv Fana[Vnfa
 G~kp¶l'EtsuraNaEdlmanCati"svwg tic
 nigePscØîepšg@eTotEdlminmanCati"sa "Bm
 TaMgp¶l'múèb[e"cin.

- "tUvFana[Vnfa manmnusšcas'emIlkarxus"tUv
 BiFICb'elogenah.
- "tUvniyaysgût'F@n'fa minmankarelikElgcMeBaH
 karpwk"sae"cin"CulenaHeT ehIy"tUv"Bme"BogK~anUv
 EpnkarmYys"mab'edaH"saybJúaeBlmannrNa
 m~ak'"svwg ÉQW.
- ePÆ¿vEdlmkedayminVnTTYlkarGeJØIj (gatecrashers)
 KWCabJúaeEdlmankarekIneLIy.
 sUmEqkemIlUvkmvviFICb'elogedaysvtÄiPaB
 (Party Safe) enAk~¬grd½rbs'G~k ÉcUlemIlviubsayf_
www.australia.gov.au/drinkingnightmare
 cMeBaHB&támanbEnÄmGMBIkarerobcMBiFICb'elogeday svvtÄiPaB.
- "tUverobcMEpnkarfa etIePÆ¿vEdlmkenahvil"tLb'
 eTApæHvijedayviFINa?

- "tUvniyayCamYynwgmatabitaep§geTotGMBIkar
erobcMBiFICb'elogrbs'kUn@eK edIm°IsuM{vaT.

min"tUveFãI[eBlra"tIkMsan` kÂayeTACasubin¶Ga"kk' enaHeLIy.

cMeBaHB&támanbEnÄmsUmeTAD

sura nigyuuvv&yÐ
esck¶IENnaMs"mab'matabita

CamF'm 1PaK 4«nkarbJØènmnus§GayuBI 15 eTA
25q~aM [eTAB'avlenAmnæIreBT'ekIteLIgedaysar
EtbJúasura.