



**sura nigyuuv&yĐ  
esck¶IENnaMs "mab'matabita**

Blrd½GU"s¶alIm~ak'k~-gcMeNamBlrd½GU"s¶ali2nak' GayuBI15  
eTA17q~aM  
Edl"svwg"sanwg"b"bwt¶nUv skmµPaBGÃImYyEdleFÃI[BYkeKs¶aye"Kay.

CamF'mk~-gmYysV¶h\_Blrd½GU"s¶alIcMnYn70nak'  
EdlmanGayue"kam25q~aMnwg"tUveKbBaØèneTAB'avl  
enAmnæIreBT'edaysarEtbJúarMelaPbMBan y " aghig\$abak'B&nì  
nwgerOgsura.

CamF'mk~-gmYysV¶h\_Blrd½GU"s¶alIcMnYn4nak' EdlmanGayue"kam25q~aM  
sÂab'edaysarEtbJúargrbYsBak'B&nìnwgerOgsura.

**etImanyuvCnb "unµannak' EdlkMBugpwksura?**

karTTYlTansuraenAk~-gcMeNamyuvCnKWCabJúad\* kgÃl'mYy.  
ebItamsÄitiCatiq~aM2007 «nkarsæg'mti  
eliBlrd½EdlCaEp~kmYy«nyuTisa"s¶"byuTì"bqaMg  
nwgkare"bI"Vs'e"KOgej;n (2007 National Drug Strategy Household Survey)  
Vn[dwgfa 20% «nyuvCnEdlmanGayuBI14 eTA19q~aM TTYlTan  
suraCaerogral'GaTit'.

**etIyuvCnTTYlTansurae"cinb "uNöa?**

enAk~-gcMeNamyuvCnEdlpwksura manburs29% EdlmanGayuBI12  
eTA17q~aMVnTTYlTansurae"cin Cag7EkvenAk~-geBlNamYy.  
cMeBaH"s¶IEdlsÄit enAk~-gv&yduCk~aVnTTYlTansuraelIsBI5Ekvk~-g  
eBlNamYy. enHebItamsÄitiq~aM2005  
s¶IGMBIkar TTYlTansura nige"KOgej;nrb'sis\$GU"s¶ali  
f~ak'mF'msikša  
(2005 Australian Secondary Students' Alcohol and Drug Survey).

**etIvamanplb "HBal'xÅaMgb" uNöa?**

suraKWcae"KOgej;nxÅaMgEdlGaceFÄI["bB&nîsr«s "bsaTmCîimcuHexşay  
ehIyeFÄI[karKit nigkarman GarmuN\_rbs'mnusşE"b"bYl.  
yuvCnTaMgLayGac rge"KaHf~ak'BI²TiiBlsuraxÅaMgCag  
edaysarEtBYkeKminTan'mankmÅaMg "Kb'"Kan'GacTb'Tl'ngw  
e"KOg"svwgVn. BYkeKk\*enAxÅHbTBiesaFn\_k~gkar pwk"saEdr  
ehIymanlTîPaBtictYck~gkarKit vinicî&yemIlnUvk"mitCati"svwg  
k~gxÅçn rbs'BYkeK. cMeBaHyuvCnPaKe"cInmanmaDtUcCagmnusşeBjv&y  
dUec~He"KOg"svwgGacman²TiiBleTAelIBYkeKxÅaMg Cag.

manP&s¶~tagfui@mYycMnYnEdlbgúaj[eXIjfa kar  
rIklUtlas'xagpÅèvcit¶ nigxagragkayGacрге"KaH  
f~ak'xÅaMgCagedaysarEt²TiiBlGviCØman«nsura.  
enAeBlEdlyuvCnmanGayukan'EtekuḡxíI Vncab'  
ep¶Impwk"saedayKuannrNaemIlkarxus"tUv yuvCn  
enaH"bQmmuxkan'EtxÅaMgeLIgeTANwgbJúaeḡg@ Bak'B&nînwgsura  
enAeBlEdleKcMerInv&y.

karsikşasav"CavfuiMy Vnbgúaj[eXIjfa "bEhlCa 40%  
«nyuvCnEdlmanGayuBI14  
eTA 19q~aM TTYlTansuraenAk~gk"mitEdleFÄI[BYkeK  
"bQmmuxnwge"KaHf~ak'k~gryîeBlxÅI enHebItam sÄitiCatiq~aM2007  
«nkarsæg'mtielIBlrd½EdlCa  
Ep~kmYy«nyuTîsa"s¶"byuTî"bqamgnwḡkare"bI"Vs' e"KOgej;n  
(2007 National Drug Strategy Household Survey) .

plviVkeḡg@bgûedaysarkarTTYlTansura e"cInhYs GacrYmmanÐ

e"KaHf~ak'epḡg@Bak'B&nînwgsuraEdlyuvCn qÅḡkat'  
enAk~gryîeBlxÅIenaH manlkÅnîF@n'F@r  
KYr[kt'smðal'. mUlehtuTUEtACae"cInEdleFÄI [manmrNPaB  
nigkarbJØèneTAB'avlenAmnæIreBT'  
EdleKyl'eXIjfaVnbN¶almkBI suraenAk~gCMe  
Namyuvv&yTaMgenaHrYmmane"KaHf~ak'cracrN\_, kareFÄIGt¶Xat,  
GMeBIhigşsa,  
e"KaHf~ak'cracrN\_  
elIG~kefuiIreCIg "BmTaMge"KaHf~ak'epḡg@eTotdUcCa  
kardYl nigkarlg'TwkCaedIm.

**etIxÆ-MGaceFÄIGÄIVnxÅH?**

k~gnamCamata/bita  
G~kmantYnaTid\*sMxan'k~gkarGb'rMkUn@Edlmanv&yekḡgrbs'G~kGMBIsur  
a ehIyCYyBYk  
(eK)[echManGt¶crit«fÄf~èr"bkbedaykarTTYlxus "tUvcMeBaHbJúapwks  
ura.

enHminEmnCaerOg Edlqab'eBkk~gkarcab'ep¶Im  
niyayCamYynwḡkUn@rbs'G~kGMBI²TiiBlsuraenaH eT,  
ehIyTegÄIenHCYybegûIt[manpÅèvTak'TgK~ak~g  
lkÅnîebIkcMhenAeBle"Kay@eTot.

**etIxÆ-MniyayCamYynwḡkUn@rbs'xÆ-MGMBIsuray "agdU(c)em¶c?**

CaTUeTAYuvv&ymankarxÃl'xÃaye"cinGMBIplviVkk~rg  
sgõmEdlmanryieBlxÃI EdlbgûeLIgedaysarEt karpwk"sae"cin"Cul  
(dUcCakarxpas'eGon ÊeFÃIGÃImYy  
EdleKCaFmptamin"b"Bwt¶enAeBlEdleKsÃag)CaCagniyayGMBI²TiiBlminlí  
Edlb"HBal'dl'suxPaBrbs'eKk~rgryieBlyUrGEgÃg.

- rkeBlevla nigkEnÂgsmrm'edIm°IniyayCamYy  
BYkeK. elIkyknUv"bFanbTenHmkniyayelg Fmpta -  
"bEhlCaenAeBle" kayemIlkmpuviFITUrTs§n\_,  
"bFanbTfui Êk\*PaByn¶EdleFÃI[mankarcab'ep¶Imkar  
CECkelgGMBIerOgenH.
- "tUvmanlkÃNîebIkcMh nigesuaH"tg' ehIyCMruj  
kUn@rbs'G~k[beJíjnUvGarmuN\_, karKit nigkar  
yl'eXIjrbs'BYkeK.
- "tUvdwg[c°as'GMBIvin&yep§g@ ehIyFana[Vnfa kUn@rbs'G~kdwgfa  
karpwk"saenAeBle" kamGayuKWCa  
erOgxusc°ab'enAk~rgkalîeTsîPaKe"cin.  
kar"sav "Cavbgúaj[eXIjfa yuvv&yrMBwgTuk nigcg'[mata  
bitarbs'BYkeKKUsbnæat'"BMEdncMeBaHGÃIEdleKminGac  
eFÃIVn eTaHbICamaneBlxÃHBYkeK VnbMBanvin&y  
ehIyFÃI[matabitaeKxwgk\*eday.
- sUmecosvagnUvkare"bIl°icedIm°IeFÃI[BYkeKxÃac-  
yuvv&yTMngCanwgyl'dwge"cinCag tamryîkars¶ab'  
nUvkarBn'l'GMBIerOgBitEdlsmehtupl.
- "tUvniyayCamYykUn@rbs'G~kGMBIkgÃl'ep§g@ EdlG~kman  
edIm°I[BYkeKyl'GMBIplviVkep§g@  
EdlGacekItmaneLIgedaysarEt karpwk"sa.

**cuHcMeBaHerOg²TiiBlBImit¶Pk¶ivij - etIxEM~"tUvedaH"say  
edayviFINa?**

v&yCMTg' KWCaebLpÃas'b¶èry "age"cinCmeBaHCnv&yekug  
EdlGaceFÃI[BYkeKmanGarmuN\_gayrge"KaH.  
G~kGacCYykUn@rbs'G~kB"gwgpabeCOcak'elIxÃçnäg  
k~rgkaredaH"saynwgBjúaepp§g@dUcCasmõaf²TiiBl BImit¶Pk¶iCaedIm.  
viFIlík~rgkarcab'ep¶Im GacCakar sEm¶gnUvehtukarN\_samJixÃH@  
edIm°I[G~kGacÐ

- CYykUn@rbs'G~k[ecHniyay "eT" cMeBaH"sa  
enAeBlEdlBYkeKsÄite" kamsmõaFBImit¶Pk¶i(EdlnaM) [pwk.
- "tUvniyaysgût'Fõn'cMeBaHsarsMxan'cMVC'«nkar  
min"tUvcUleTACiHk~grfyn¶NamYyEdlG~keBikbrVn  
pwk"saenaHeLIy. "tUv"Bme"BogK~aGMBIEpnkarfa "bsinebIsÃanPa  
BEbbenHekIteLIgEmn viFiedaH"say GacrYmmandUcCa  
Cihtak'sIumkpæHrYcbg'luytam e" kay, ebIkLaneTaykBYkeK  
ÊGnuJiat[eKs~ak' enApæHmit¶Pk¶imYyyb' "bsinebIGaceFÃIeTAVn.
- "tUvniyayGMBIe"KaHf~ak'«nkarlycdak'f~aMenAk~rgsura  
ehIynigviFIEdlBYkeKGackarBarxÃçnägVn.

- "tUvBiPakšaGMBIerOgfa etI"tUveFÄIy "agemc"bsineb Imanmit¶Pk¶i"svwgenaH.

**cuH"bsinebIkUnxÆ-M"svwgeBlmkdl'pæHvij?**

eTaHbICaG~kcg'niyayCamYyeKGMBIerOgenaHPÄam@k¶I  
 CaBiess"bsinebIG~kminsb°aycit¶ Éxwg "tUvrg'c  
 aMrhUtTal'EtBYkeKsÄagsincaMeFÄIkarBiPakšaEdleKGac  
 mankaryl'dwg"twm"tUv. enAeBlenaH "tUvrMlwkeLIg  
 vijnUvkarbMBanvin&y karxkcit¶rbs'G~k nigplviVk epšg@.

**karpwksurarbs'G~k, karpwksurarbs'BYkeK (BYkkUn@)**

cab'taMgBIeBlenAtUc@ kUn@rbs'G~knwgVndwgGMBI karpwksura  
 nigKMrU«nkarpwk"saenAk~r-gpæHrbs'G~k. "tUv  
 [BYkeKsegûtemIlG~knUvTmÄab' smrm'epšg@«nkarpwksura  
 rbs'G~kdUcCaÐ

- maneBlxÄH bdiesFminTTYlsuraenAeBleK[
- minyksuramkGbGreBlBiessCanicÍCakal É  
 eFÄIkar"bkaseLIyfa "xÆ-M"tUvkarpwk"sa!" enAeBl  
 EdlG~kedaH"saybJúaeBlmankartantwgpÄèvcit¶.
- min"tUvvpwk"sarhUtdl'"svwgenaHeT.
- min"tUvvpwk"sa ehIyeTAebIkbreLIy.  
**etIxÆ-M"tUveFÄIGÄIxÄH"bsinebIkUnrbs'xÆ-MmanKe"magcg'erobcM  
 eFÄIBiFICb'elog?**

"tUvcUlrymenAk~r-gkarerobcMEpnkarenaH - "tUveFÄIkar  
 BiPakša[c°as'GMBIvin&yepšg@enAmuneBlerobcMBiFI  
 Cb'elog. "tUv"Bme"BogK~afa[mankarpwk"sa É  
 y"agNa. "bsinebIGnuJiat[mankarpwk"sa "tUv Fana[Vnfa  
 G~kp¶l'EtsuraNaEdlmanCati"svwg tic  
 nigePscØîepšg@eTotEdlminmanCati"sa "Bm  
 TaMgp¶l'múèb[e"cin.

- "tUvFana[Vnfa manmnusšcas'emIlkarxus"tUv  
 BiFICb'elogenah.
- "tUvniyaysgût'F@n'fa minmankarelikElgcMeBaH  
 karpwk"sae"cin"CulenaHeT ehIy"tUv"Bme"BogK~anUv  
 EpnkarmYys"mab'edaH"saybJúaeBlmannrNa  
 m~ak'"svwg ÉQW.
- ePÆ¿vEdlmkedayminVnTTYlkarGeJØIj (gatecrashers)  
 KWCabJúaeEdlmankarekIneLIy.  
 sUmEqkemIlUvkmvviFICb'elopedaysuvtÄiPaB  
 (Party Safe) enAk~r-grd½rbs'G~k ÉcUlemIlviubsayf\_  
[www.australia.gov.au/drinkingnightmare](http://www.australia.gov.au/drinkingnightmare)  
 cMeBaHB&támanbEnÄmGMBIkarerobcMBiFICb'elopeday suvtÄiPaB.
- "tUverobcMEpnkarfa etIePÆ¿vEdlmkenahvil"tLb'  
 eTApæHvijedayviFINa?

- "tUvniyayCamYynwgmatabitaep§geTotGMBIkar  
erobcMBiFICb'elogrbs'kUn@eK edIm°IsuM{vaT.

min"tUveFãI[eBlra"tIkMsan` kÂayeTACasubin¶Ga"kk' enaHeLIy.

cMeBaHB&támanbEnÄmsUmeTAD

sura nigyuuvv&yÐ  
esck¶IENnaMs"mab'matabita

CamF'm 1PaK 4«nkarbJØènmnus§GayuBI 15 eTA  
25q~aM [eTAB'avlenAmnæIreBT'ekIteLIgedaysar  
EtbJúasura.